

1 TOPIC TASTER

how to herd cats - using metaphor to understand resistance to change

What's change like for you? Talking 'about' change can be a barrier in itself. Discover how constructing and deconstructing metaphors can be a powerful tool to kick-start change in individuals and teams.

OUTCOMES

- ▶ You will take away a powerful tool which can be used in 1-2-1 and group work to aid the effective communication and management of change
- ▶ You will be able to help yourself and others to decode the unconscious resistance to change and poor performance
- ▶ You will know the key questions to ask to unlock the resources within us to make change possible.

WHO THIS TASTER SESSION IS FOR

Leaders and managers who are responsible for managing people through change.



90 minutes



16 - 24

The Topic Taster sessions provide an ideal environment for learning new tools. They also demonstrate the interactivity of our events.

Each session follows our philosophy that small changes in behaviour have a massive impact on results.

The Topic Taster sessions give you an ideal experience of working with gluetogether.

For further information contact us at:

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